



CARDIOPULMONARY DEPARTMENT
194 TALBOT STREET WEST
LEAMINGTON, ON N8H 1N9
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Methacholine Challenge Test

Patient Instructions

Methacholine Challenge Testing (Bronchial-Provocation)

Is the method of assessing airway responsiveness and to help determine if current respiratory symptoms may be due to asthma and the severity of hyper-responsiveness of the airways.

Test results may not be accurate if the instructions are not followed: therefore your test should be rescheduled if instructions have not been followed

PATIENTS may eat or drink prior to the test

INSTRUCTIONS:

MEDICATIONS THAT MUST BE HELD BEFORE TESTING:

STOP 7 DAYS BEFORE TESTING:

Tudorza Genuair, Seebri Breezhaler, Spiriva HandiHaler or Respimat, Incruse Ellipta, Anoro Ellipta, Ultibro Breezhaler

STOP 48 HOURS BEFORE TESTING:

Onbrez Breezhaler, Breo Ellipta, Trelegy Ellipta

STOP 36 HOURS BEFORE TESTING:

Advair, Symbicort, Oxeze Turbuhaler, Zenhale

STOP 24 HOURS BEFORE TESTING:

Oral Theophylline

STOP 12 HOURS BEFORE TESTING:

Atrovent, Combivent

STOP 6 HOURS BEFORE TESTING:

Ventolin/Salbutamol, Bricanyl

*Please check with the doctor ordering your test about stopping inhaled and oral steroids. All other medications should be taken on a regular basis unless your doctor instructs you to do otherwise. Please bring all of your medications including any over the counter medications with you to your appointment